

Group Life 2025

Adult Leaders

Jay Gordon

Adult & Small Groups Minister

The Church at Brook Hills, Birmingham

Group Life Adult Leaders



Adult Workshop

Road Trip: Maturity Matters

Jay Gordon

Adult & Small Groups Minister

The Church at Brook Hills, Birmingham



Growth: Does it matter?

Image by u_osk932pj9i from [Pixabay](#)

So, neither he who plants nor he who waters is anything, but only God, who makes things grow.

1 Corinthians 3:7



Why Our Growth Matters

1. Obedience to Christ
2. Influence of those around us
3. Our love for God grows
4. God's expectation...



God's Expectation

2 Cor 13:11 "...grow to maturity"

Col 1:28 "...present everyone fully mature"

Eph 4:15 "...we are to grow up in every way"

1 Tim 4:8 "...train yourself to be godly"

Road Trip!



Image by Pexels from Pixabay



Stop and chat.

**Pause the video. Quickly gather in groups of 3-4 people.
Answer this question in your chat group.**

**What destination would you
most enjoy traveling to on vacation
if money were no object.**

Spiritual Maturity

Knowing the destination!

Image by Pexels from Pixabay



Six Levels of Maturity

- 1.Worship** – Gather with believers to worship & learn
- 2.Group** – Gather for community, encouragement, & study
- 3.Grow** – Learn spiritual disciplines, fruit of the Spirit
- 4.Serve** – Volunteer at church or community
- 5.Share** – Tell others about Jesus
- 6.Disciple** – Intentionally help other people grow in Christ



False Concepts of Maturity

1. Active in Church

2. Bible Knowledge



**We aren't mature in Christ
until we are operating on
all six levels.**



Stop and chat.

**On average, what level are
the people in my group?**



People get stuck!



Let's start the road trip!

Image by Pexels from Pixabay



Vehicle #1

God's Word



God's word is the map!



Vehicle #2

Next Steps



Next steps are the road signs.



Stop and chat.

In your group, brainstorm a list of simply-stated next steps that believers need to take along their spiritual journey.



Vehicle #3

Relationships



**Relationships are the fun
along the way but build a
bridge for spiritual growth.**

**My sheep listen to my voice. I know them
and they follow me.**

John 10:27



Vehicle #4

Experiences



**JESUS DIDN'T MAKE DISCIPLES
THIS WAY. WHY DO WE?**



**Experiences move knowledge
from our head to our heart.**



Stop and chat.

**Brainstorm ways you could
lead your group to experience
spiritually-challenging
activities.**



Vehicle #5

Accountability



Sounds like...

**“Last week I challenged you to...
Will some of you tell me how you
did with that?”**



Accountability...

- shows the expectation to grow**
- and it's an example to others**



Stop and chat.

**Recently, have you challenged
your group with anything?**

**How did you show expectation
they'd do something?**



Vehicle #6

Modeling Maturity



Be the tour guide!

Image by Pexels from Pixabay



Setting the Example

1 Cor 4:16 “I urge you to imitate me.”

Phil 4:9 “Keep putting into practice all you heard from me and saw me doing.”

Phil 3:17 “Pattern your lives after mine.”



Six Levels of Maturity

Where do you need to grow?

1. **Worship** – Gather with believers to worship & learn
2. **Group** – Gather for community, encouragement, & study
3. **Grow** – Learn spiritual disciplines, fruit of the Spirit
4. **Serve** – Volunteer at church or community
5. **Share** – Tell others about Jesus
6. **Disciple** – Intentionally help other people grow in Christ



Vehicle #7

Boldness



**Even Paul prayed
for boldness!**



**Let's lead our group members
on a journey of a lifetime...
and longer!**

Group Life Adult Leaders

